

PARTNER PRESS

FEBRUARY 2025

REMINDERS

If your contact information has recently changed (i.e. phone number, email address, point of contact), please message agency@fbnela.org with updates to ensure you receive all communications.

CLOSED

Mon, Feb 17th - President's Day

NO PICK-UP

Wed, Feb 19th 8am-1pm
Thur, Feb 20th 8am-10am

NO PICK-UP OR DELIVERY

Fri, Feb 28th - Inventory

AMERICAN HEART MONTH

February is American Heart Month, a time to raise awareness about heart disease, the leading cause of death in the U.S. One of the highlights of the month is National Wear Red Day, observed on the first Friday of February, when people across the country wear red to show support for women's heart health. Throughout the month, we're encouraged to take steps toward heart health by adopting healthier lifestyle habits. To learn more, visit the American Heart Association at www.heart.org.

Civil and voting rights activist, Fannie Lou Hamer, founded the **Freedom Farm Cooperative** in 1969 to combat hunger in the Mississippi Delta. At its peak, the farm covered 640 acres, providing vegetables to over 1,600 families. For just \$1 a month, families received food, and 10% of the crops were given to those unable to work. Hamer's work focused on fostering self-sufficiency and economic stability to truly eliminate hunger.



**BLACK
HISTORY
MONTH**

FOOD BANK
NORTHEAST LOUISIANA

PARTNER
FOOD BANK OF
**FEEDING
AMERICA**